• Discover the best the Virginias • Enjoy the great outdoors • Explore DayTripper



EXPLORE DISCOVER UNIVID

VOL 3 ISSUE 7 JULY 2023



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Welcome to the July

Rebecca Stalnaker

Welcome to the July edition of DayTripper Magazine, where we bring information.

and rain, I am thrilled to welcome rated a collection of articles, tips, and ble day trips.

July heralds the heart of summer, with high temperatures, rainy days and verdant green landscapes. With your backpack, and join us on a new more daylight to work with, we encourage you to explore the great out- the books!

doors and discover the hidden gems that Mother Nature has to offer.

In this edition, you'll find inspirayou all the information you need for tion for your next day trip, whether a fun and safe hiking adventure. As it is an easy hike around a lake or a always, there will also be some event more intense days-long experience. Our tips and information are sure to As the new month brings sunshine help you on your next adventure.

As we celebrate a new month, we you to the July edition of DayTripper encourage you to step out of your Magazine! This month, we have cu- comfort zone and embrace the spirit of exploration. The world is waiting event ideas to help you enjoy incredi- for you, and there's no better time than now to embark on your next unforgettable day trip.

> So grab your hiking boots, pack day trip. Let's make this July one for

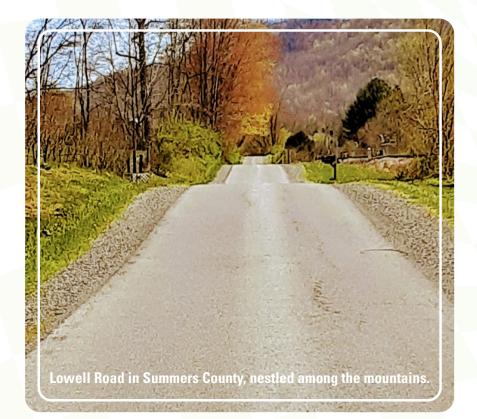


DAYTRIPPER

VOLUME 3 ISSUE 7

JULY 2023

Marathons across the Uppalachians



Jenna Balnionis

Relays, races, marathons and hikes are always in abundant supply in this mountainous region. The landscape guarantees beauty as well as varying deand hidden trails provide runners, bikers and hikers with a safe place to enjoy the almost heavenly forests, lakes and rivers these events provide for them.

Cass, WV is one community that has year-round opportunities to explore their region with regularly scheduled hikes. These hikes, at Cass Scenic Railroad State Park, provide guests with an experience rich in local history and tourist attractions. Snowshoe is another West Virginia treasure always open for business. Don't let the name fool you; winter-time fun is not the only entertainment available. Coming in August is Pickin' & Pedalin', a two-day biking event that includes musical acts, craft brew tastings and a race through the es available in this breathtaking region.

Western Territory.

Along with the purely recreational outdoor activities, there are also marathons and races organized to raise funds and awareness for issues plaguing Apgrees of difficulty. Also, our state parks palachia. Two examples would be the Color Dash for Hope held at the ACE Adventure Resort and Relay For Life of Alleghany County in Covington, both scheduled for August 5th. The Color Dash for Hope will benefit Hope in the Hills, an organization dedicated to ending the opioid crisis, and the Relay for Life was organized to continue the fight against cancer.

> These hikes, races and relays are hardly the only ones scheduled this summer. Don't miss your chance to explore the mountains, test your endurance and take advantage of some of the most beautiful state parks this country has to offer. Visit wvtourism.com for information about the outdoor experienc-





CLIFTON FORGE

- Full Historical Museum
- 1896 Freight Depot
- 1922 Gadsby's Tavern Dining Car
- Restored C&O Cabooses

ALL ABOARD!



- Replica Signal Tower
- 7.5 Inch Gauge Ride-On Train
- Large Scale Locomotive Models

The **C&O Railway Heritage Center** is located in historic Clifton Forge, VA, nestled in the scenic mountains of the Alleghany Highlands, off of 1-64 at Exit 24 eastbound or Exit 27 westbound, in the Virginia Rail Heritage Region. It offers a wonderful multi-dimensional railroad heritage experience that tells the story of the C&O Railway from its beginning in 1836 to today's CSX. Come spend an afternoon watching trains from the signal tower, tour our museum and equipment, ride the Little C&O 7.5 Inch Gauge Ride-On Train, blow the whistle, and have a picnic lunch with a beautiful view.

- 96-Foot O Gauge Model Layout
- C&O and Chessie Displays
- The Depot Gift Shop & Picnic Area

The C&O Railway Heritage Center And The Depot Gift Shop 705 East Main Street, Clifton Forge, Virginia



Hours: 10AM - 4PM Tuesday - Sunday

Admission: \$8.00 Adults & \$5.00 Children Under 12 COHS Members And Children 2 And Under Free!

Group Tour Rates And Facility & Dining Car Rentals Are Available

For More Information Call 540-862-8653 Or Visit www.candoheritage.org







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DAYTRIPPER

DAYTRIPPER CALENDAR OF EVENTS

July 15

4848 Music Festival 2023
All Day Snowshoe
Tour the Theatre
11AM-12:30PM Historic Masonic Theatre Clifton Forge
Phil Rolleston
4-6PM Hawk Knob Appalachian Hard Cider Lewisburg
Skyline Bluegrass Festival
SPM Downtown Ronceverte
Thurmond Ghost Hunt
7:30-1:30PM ACE Adventure Resort Oak Hill
Thomas Danley Band
8-11PM The Brewhouse at Cliff View Covington

July 20

Clifton Forge Downtown Market 3:30pm 547 Main St. Clifton Forge Geeks Who Drink: Trivia at Big Draft Brewing 7pm Big Draft Brewing White Sulphur Springs Next to Normal 7:30pm Greenbrier Valley Theatre Lewisburg

July 21

Next to Normal 7:30pm Greenbrier Valley Theatre Lewisburg

July 22

Kate's Mountain Challenge 8AM Downtown White Sulphur Springs Annual Tahoe Farm Club Car Show 10AM Camp Ann Bailey Road Caldwell Next to Normal 2:30PM and 7:30PM Greenbrier Valley Theatre Lewisburg Jaws on the Lake 8PM ACE Adventure Resort Oak Hill Untrained Professionals 8-11PM The Brewhouse at Cliff View Covington 4Ever Classic 9PM The Rail Bar & Grille Covington Ain't Dead Yet 9PM Marlinton Motor Inn Marlinton

July 26

Next to Normal 7:30PM Greenbrier Valley Theatre Lewisburg

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July 27

Clifton Forge Downtown Market 3:30PM 547 Main St. Clifton Forge The Inaugural STRIDE Gala 5:30PM The Schoolhouse Hotel White Sulphur Springs West Virginia Jazz Orchestra at Ivy Terrace 6:30-8PM Carnegie Hall Lewisburg Geeks Who Drink: Trivia at Big Draft Brewing 7PM Big Draft Brewing White Sulphur Springs Next to Normal 7:30PM Greenbrier Valley Theatre Lewisburg

July 28

Blues & Brews Festival All Day Snowshoe Williamsburg Community Fair 5PM Downtown Williamsburg Next to Normal 7:30PM Greenbrier Valley Theatre Lewisburg

July 29

Blues & Brews Festival All Day Snowshoe Family Refuge Center's 2nd Annual Poker Run 9AM-5pm 213 Coleman Drive Lewisburg **Rusty Wright Band** 3:30PM Snowshoe Mountain Resort Snowshoe Carnegie Hall's 40th Annual Block Party 5PM Carnegie Hall Lewisburg Adeem the Artist 5PM Big Draft Brewing White Sulphur Springs Williamsburg Community Fair 8PM Downtown Williamsburg Next to Normal 7:30PM Greenbrier Valley Theatre Lewisburg Waterpark DJ Dance Party with DJ Iron Ring 8PM-12AM ACE Adventure Resort Oak Hill Full Moon Hike 8:30-10PM Cass Scenic Railroad State Park Cass

July 30

Next to Normal 7:30PM Greenbrier Valley Theatre Lewisburg

August 3

Clifton Forge Downtown Market 3:30PM 547 Main St. Clifton Forge Geeks Who Drink: Trivia at Big Draft Brewing 7PM Big Draft Brewing White Sulphur Springs

August 4

Lewisburg Literary Festival Downtown Lewisburg First Fridays After 5 5-8PM Downtown Lewisburg

August 5

Lewisburg Literary Festival Downtown Lewisburg **Treasure on the Mountain** All Day Snowshoe Mountain Resort **History Alive!** 9:30PM Cass Scenic Railroad State Park Cass **Appalachian Heritage Day** 10AM-5PM Cass Scenic Railroad State Park Cass **Pocahontas County Farmers Market** 1-4PM First Avenue Marlinton **Relay For Life of Alleghany County 4PM Jackson River Sports Complex Covington Color Dash for Hope** 8AM-8PM ACE Adventure Resort Oak Hill **The Untrained Professionals 9PM Marlinton Motor Inn Marlinton**

August 6

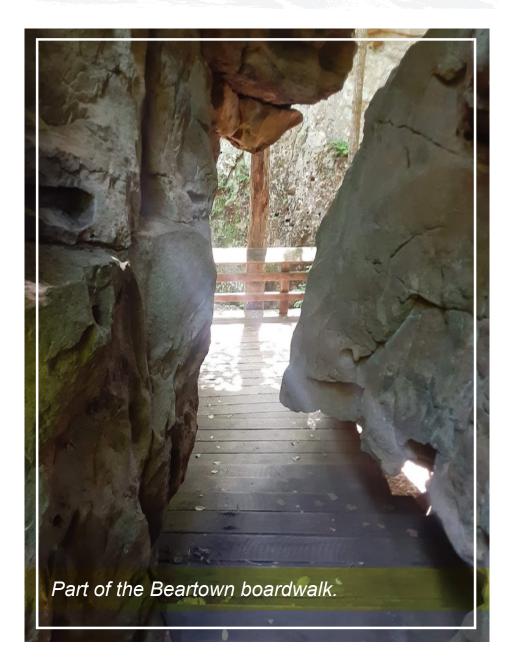
Jonah Carden 8PM The Brewhouse at Cliff View Covington

August 10

State Fair of West Virginia All Day State Fairgrounds Clifton Forge Downtown Market 3:30PM 547 Main St. Clifton Forge John Ellison & the Carpenter Ants at Ivy Terrace 6:30-8PM Carnegie Hall Lewisburg Geeks Who Drink: Trivia at Big Draft Brewing 7PM Big Draft Brewing White Sulphur Springs Yung Gravy w/Special Guest DJ Tiiiiiip 8PM State Fair of West Virginia State Fairgrounds

EXPLORING CARNEGIE HALI

THE MAJESTIC HIKING TRAILS OF SOUTHERN WEST VIRGINIA



ences and stunning vistas.

Southern West Virginia is an in- the New River Gorge National Park, credible place for outdoor enthusi- the Endless Wall Trail is a must-visasts, offering a plethora of breath- it for hikers seeking a thrilling adtaking hiking trails. From rugged venture. This 2.4-mile trail winds mountain peaks to serene river val- along the rim of the gorge, providleys, this region is a haven for nature ing awe-inspiring views of the New prefer a leisurely hike amidst pictur- ter an abundance of wildlife, includlovers. Let's explore some of the best River below. The trail is known for esque scenery, the Greenbrier River ing deer, squirrels, and various bird hiking trails in southern West Vir- its towering cliffs, scenic overlooks, ginia, each offering unique experi- and opportunities for rock climbing. rail trail follows the path of the his- adventure, the hiking trails in Pipes-Be prepared for some steep sections, toric Greenbrier River, offering a tem State Park provide an unforget-



capture the stunning vistas. Hikers is mostly flat, making it suitable for may get a peek at some of the thou- hikers of all skill levels. Along the sands of rock climbers who often vis- way, you'll pass through charming it the area.

those seeking a more remote and rugged hiking experience, the Cranberry Wilderness is an ideal destination. This 47,815-acre wilderness area is part of the Monongahela Na- State Park offers multiple breathtional Forest and offers over 60 miles of trails. The trails meander through dense forests, pristine streams, and open meadows, providing an authentic backcountry experience. The Cranberry River Loop is a popular choice, offering a challenging but rewarding hike through diverse landscapes. The Cranberry Glade boardwalk is also a fantastic place to enjoy the surrounding flora and fauna.

Trail is perfect for you. This 78-mile species. Whether seeking solitude or The Endless Wall Trail: Located in and be sure to bring your camera to gentle and scenic journey. The trail table experience for nature lovers.

small towns, cross old railroad tres-The Cranberry Wilderness: For tles, and enjoy stunning river views. Camping facilities and picnic areas are available, allowing for a multiday adventure.

Pipestem State Park: Pipestem taking hiking trails for outdoor enthusiasts. With over 20 miles of well-maintained paths, hikers can explore the park's diverse landscapes and immerse themselves in nature's beauty. The trails wind through dense forests, meander along the rim of the majestic Bluestone Gorge, and lead to stunning overlooks with panoramic views. From easy strolls to challenging treks, there is a trail for The Greenbrier River Trail: If you every skill level. Hikers can encoun-

DAYTRIPPER

ed in the New River Gorge Nation- will leave you in awe of the great outal Park, the Grandview Rim Trail doors. is a moderate loop that showcases the park's natural beauty. The trail The Bluestone Turnpike Trail is a winds along the rim of the gorge, of- must-visit for a historical and scefering panoramic views of the New nic hike. This 9.5-mile trail follows River and the surrounding moun- the path of an old turnpike road that tains. Highlights include the iconic was used during the 19th century. overlooks at Turkey Spur and Main Along the way, you'll encounter rem-Overlook, where you can witness the nants of the past, including old stone breathtaking beauty of the gorge. walls, bridges, and homesteads. The This trail is particularly stunning trail traverses through dense forests, during the fall when the foliage crosses streams, and offers stunning transforms into a vibrant tapestry of views of the Bluestone River. It's a colors.

Beartown State Park: Beartown beauty. is a paradise for hiking enthusiasts, nature. Along the way, hikers can boots, grab your backpack, and emspot various wildlife, including deer, bark on an unforgettable journey seeking solitude or adventure, hik- southern West Virginia.

The Grandview Rim Trail: Situat- ing in Beartown is an experience that

The Bluestone Turnpike Trail: perfect blend of history and natural

Southern West Virginia is a parknown for its half-mile boardwalk adise for hikers, offering a diverse and stunning natural beauty. Nes- range of trails that cater to all skill tled in the heart of the mountains, levels and preferences. Whether you this picturesque destination boasts seek adrenaline-pumping adventures unusual rocky formations, overhang- or tranquil walks amidst nature, the ing cliffs and massive boulders. The hiking trails in this region will not trail meanders through the heart of disappoint. So, lace up your hiking squirrels and birds. Whether you're through the majestic landscapes of





A view from the Cranberry Glade boardwalk.

The boardwalk at Granberry Glade



hweet Iprings Kesort 🕁

19540 Sweet Springs Valley, Sweet Springs, WV 304-536-4743 • sweetspringsresortpark.org

Sweet Springs Resort Park - Upcoming Events

July 13-17 Sustainability Forum

You don't want to miss this wonderful event. Hands on learning medicinal & edible plants – discussions on sustainable living – make your own charcoal–political forums – and so much more. Schedule to soon be published. FREE TO THE PUBLIC. Remember: Sustainability means better – not harder

July 21-23

Fling At The Springs Music Festival

Friday 4 PM to whenever & Saturday 10 AM to whenever.

Rustic Camping on the grounds. \$10.00 per night. Food, Arts & Crafts, Great Music, Games for kids. Bring a chair – bring your own food and drinks. Legal beverages allowed – must drink out of a dark cup/glass. \$20 per night for one night or \$30 for both nights - pay for both nights on Friday. Charge is: PER CARLOAD – AS MANY AS YOU CAN GET INTO THE CAR

NEW: CHAINSAW CONTEST, WOOD SPITTING CONTEST (Saturday) & TUG OF WAR TOURNAMENT (tug of war semi-finals on Friday evening – Finals on Saturday). Bring your own chainsaw/axe. Must wear all required safety equipment.

Have an Antique Car? Bring it to festival. FOOD & CRAFT VENDORS NEEDED!

September 2

Mia/Pow & Veterans Appreciation Motorcycle Day

9 AM to whenever. Spread the word. ALL VETS WELCOME! ALL WELCOME! Poker Run – Motorcycle Games – Antique Cars (Please bring, if you have one). Games for adults & kids, prizes for various categories, prizes given throughout the day! Music - Food - Various vendors!

Want to be a vendor? WE NEED YOU! - FOOD, ARTS & CRAFTS, MOTORCYCLE WEAR, ETC.

Saturday, September 30, 2023 <u>Time Honored Monroe County Event</u> The Monroe County Autumn Harvest Festival

(formally held at the WVU Farm in Union)

The Park hopes all former vendors, musicians, etc., will participate again this year, and that new folks will join in. Same events you have come to love, bringing back some "old time" events, and adding a few new ones. Games for children.

This is a TIME-HONORED TRADITION in Monroe County, and we need some volunteers to head committees for event. Please contact <u>sweetspringsassistant@gmail.com</u>.

Any business, food vendor, non-profit organization, artist, jewelry makers, or flea market vendors ARE WELCOME. Contact weetspringsassistant@gmail.com.

The canned goods show, art show, quilt show, flea market, and other traditional shows/events/games/ music will be present - some new events (brought back from the past) - doggy parade, prize for best dressed doggy, and more.

Entrance will be FREE to the public.

Much more information to follow. Help keep our county tradition alive!

October 21 – 22 & October 28 Haunted Sanitarium & Hayride

Friday, October 21 - Kids night – less scares, more lighting, for anyone wanting light scaring. Saturday, October 22 - ADULT night – nothing held back – One of the best in the state. \$15.00 - ages 13 and up. 12 & under are FREE. Veterans & 1st responders \$10.00. Interested in being a part of something fun???? Come scare with us!!!!

Contact:

304-536-4743 • email: sweetspringsresortpark@yahoo.com Located in Sweet Springs, WV • GPS: 1 Jefferson Lane, Sweet Springs WV Historic Tours will take place during every event!

About The Resort

Warm Water Healing Pool was used BEFORE Independence Day in 1776. Current Hotel was designed by Thomas Jefferson. 8 of the first 10 Presidents stayed at "The Old Sweet". It was George & Martha Washington's favorite "spa". Many US and foreign dignitaries stayed on the property. Oldest jail/courthouse west of Allegheny Mountains on property (Now historic B & B). 4 times named "purest unfiltered drinking water" in the world.

** Your Participation In Events Helps Restore This Old Historic Property **

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Essential hiking safety tips for a memorable adventure

nect with nature, stay active, and with essentials such as a first aid explore new landscapes. However, kit, extra clothing, a headlamp, a it's vital to prioritize safety while whistle, a multi-tool, sunscreen, following a few essential hiking water and snacks. Don't forget safety tips, you can ensure a mem- to pack a lightweight emergency ture. Whether you're a beginner or NPS suggests adding bug spray to an experienced hiker, these guide- your supplies. Overnight trips relines will help you stay safe and quire additional equipment. prepared on the trails.

heading out on a hike, take the trition are essential during a hike. time to plan and prepare adequate- Carry an adequate amount of waly. Preparation includes multiple ter and drink regularly to prevent steps. The list includes researching dehydration. Pack high-energy the trail you'll be hiking, its diffi- snacks like nuts, granola bars, and culty level, distance, and terrain. dried fruits to keep your energy Check the weather forecast and levels up. Avoid relying on natural dress accordingly. Inform someone water sources unless you have a reabout your hiking plans, including liable water filtration system. your expected return time. Carry a map, compass, and a fully charged about your fitness level and choose mobile phone for navigation and a hike that matches your abilities. emergencies. The National Park Start with shorter and easier trails Service recommends creating a if you're a beginner. Gradually intrip plan to leave with a trusted in- crease the difficulty level as you dividual, hiking with a companion gain experience and confidence. and creating an emergency plan.

vesting in proper hiking gear is yond your limits can lead to excrucial for your safety and com- haustion or injuries. fort. Wear sturdy, well-fitting hiking boots that provide ankle sup- to marked trails and avoid taking port and traction. Dress in layers shortcuts or venturing off the des-

Hiking is a fantastic way to con- er conditions. Carry a backpack enjoying the great outdoors. By insect repellent, and plenty of orable and incident-free adven- shelter, like a space blanket. The

Stay Hydrated and Nour-Plan and Prepare: Before ished: Proper hydration and nu-

Know Your Limits: Be honest Listen to your body and take breaks Choose the Right Gear: In- when needed. Pushing yourself be-

Stay on Marked Trails: Stick to easily adapt to changing weath- ignated path. Straying from the



trail increases the risk of getting cluding food wrappers and tissues. ask experienced hikers for advice. enjoy the same experience.

Be Weather Aware: Weathimprove before continuing.

ciples. Pack out all your trash, in- ture. Happy hiking!

lost or encountering hazardous ter- Avoid damaging vegetation or disrain. Follow trail markers, signs, turbing wildlife. Stay on designatand maps to stay on the right track. ed trails to minimize your impact If you're unsure about the route, on the ecosystem. Leave nature as consult a reliable hiking guide or you found it, so future hikers can

Hike with a Buddy: Whenever er conditions can change rapidly, possible, hike with a companion or especially in mountainous areas. in a group. Having someone with Check the weather forecast before you increases safety and provides your hike and be prepared for sud- support in case of emergencies. If den changes. Avoid hiking during hiking alone, inform someone about severe weather conditions such as your plans and expected return thunderstorms, heavy rain, or ex- time. Stay connected by periodicaltreme heat. If you encounter bad ly checking with the same person. weather during your hike, seek Hiking can be a rewarding and exshelter and wait for conditions to hilarating experience, but safety should always be a top priority. Practice Leave No Trace Prin- By following these essential hiking ciples: Respect the environment safety tips, you can minimize risks and practice Leave No Trace prin- and ensure a memorable adven-



DAYTRIPPER

JULY 2023

Exploring the Meadow River area

The Meadow River is a picturesque life. Whether you're looking for a waterway located in West Virginia. leisurely stroll or a challenging hike, It is known for its natural beauty and recreational opportunities. Flowing through the heart of the state, the river offers a serene escape from the rote the Meadow River is steeped in histobusiness of daily life.

A principal tributary of the Gauley River, the Meadow River winds its way through lush forests, rolling hills, and charming small towns. It stretches approximately 50 miles, providing ample opportunities for outdoor enthusiasts to explore and enjoy its offerings.

One of the highlights of the Meadow River is its stunning scenery. As you navigate its waters, you'll be treated to breathtaking views of towering trees, vibrant wildflowers, and abundant wildlife. The river is home to a variety of fish species, making it a popular spot for fishing enthusiasts. Whether you're casting a line for trout, bass, or catfish, the Meadow River offers a rewarding angling experience.

For those seeking adventure, the Meadow River is a haven for kayaking and canoeing. Its whitewater kayaking opportunities cannot be beaten. As you glide along the river, you'll have the opportunity to immerse yourself in nature, observe the diverse birdlife, and soak in the tranquility of the surroundings.

plenty to explore along the banks of a chance to connect with nature, the the Meadow River. The area is dotted with scenic trails that meander Plan your visit and discover the wonthrough the forest, offering stunning ders of this scenic river for yourself.

MEADOW RIVER (DayTripper) - views and opportunities to spot wildthere are options available for every level of fitness and interest.

> In addition to its natural beauty, ry. The river played a significant role in the state's timber industry during the early 20th century. Logging operations were prevalent along its banks, and remnants of the past can still be seen today. Exploring the area provides a glimpse into West Virginia's rich industrial heritage.

If you're planning a visit to the Meadow River, there are several access points and recreational areas along its course. Campgrounds and picnic areas are available for those who wish to spend more time in the area and fully immerse themselves in the natural surroundings.

It's important to note that while the Meadow River offers a serene and tranquil experience, visitors should always practice Leave No Trace principles and respect the environment. This ensures that future generations can continue to enjoy the beauty of this remarkable waterway.

The Meadow River in West Virginia is a hidden gem that offers a wealth of outdoor activities and natural beauty. Whether you're seeking a peaceful Hiking enthusiasts will also find retreat, an adventure on the water, or Meadow River has something to offer.

Visit Beckley, West Virginia! ummer Events

June - August **Fridays In The Park** 1:30 AM - 1:00 PM Weather-Permitting Word Park, Neville Street **Food Vendors, Free Concerts**

July 14-22 BEX Arts Week July 21 BEX Dance & Dine in the Underground 5:00-8:00 РМ

July 29 City of Beckley & Shade Tree Summer Car Show 4:00-8:00 РМ Downtown, Soul Train music by **HGTA Theatre Group**

August 4 **Cruising around Town** (tentative) from Archies Cruisers to **Cruise-In on Main Street**

City Attractions

Check out the Beckley Exhibition Coal Mine & Youth Museum, Plus Historic Black Knight Golf Course

Visit the City's website at <u>www.beckley.org</u> for more information and events! "Beckley Events" on Gacebook



esque town located in the heart of the Allegheny Mountains. With its rich history, mountains and forests. stunning natural beauty, and vibrant community, Ronceverte offers a unique blend of small-town charm and outdoor adventure.

Founded in the late 18th century, Ronceverte has a storied past that is evident in its well-preserved historic buildings and landmarks. The town is surrounded by lush greenery. Visitors can take a stroll through the historic district and admire the beautifully restored Victorian-era homes and buildings.

One of the highlights of Ronceverte is the Greenbrier River, which flows through the town. The river provides ample opportunities for outdoor enthusiasts to enjoy activities such as fishing, kayaking, and canoeing. The scenic Greenbrier River ence the best of West Virginia's small-town Trail, a 78-mile-long rail trail, is perfect for

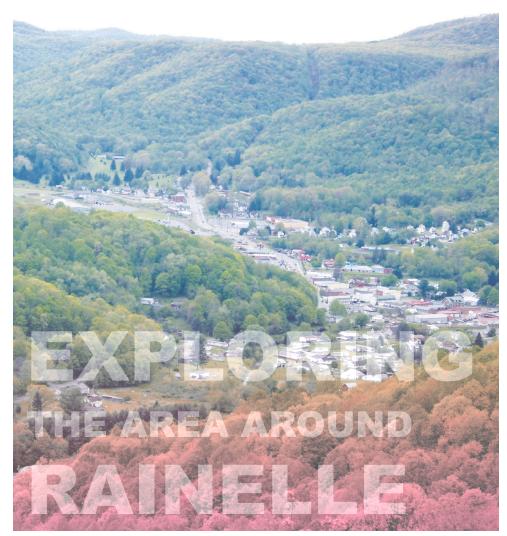
Ronceverte, West Virginia, is a pictur- hiking, biking, or horseback riding, offering breathtaking views of the surrounding

> In addition to its natural beauty, Ronceverte is also known for its vibrant arts and cultural scene. The town hosts various events and festivals throughout the year, showcasing local artists, musicians, and performers. The Ronceverte River Festival, held annually in the summer, is a highlight for both residents and visitors, featuring live music, food vendors, and family-friendly activities.

> For history buffs, the Ronceverte Museum is a must-visit. Housed in a former train depot, the museum showcases artifacts and exhibits that tell the story of the town's past, including its railroad heritage and the impact of the coal industry on the region.

> Plan a visit to Ronceverte and expericharm.







ages. From outdoor adventures Babcock State Park is a hav- offers a wide range of activi- beauty of the region. to cultural experiences, this en for nature enthusiasts and ties, including zip-lining, rock The Midland Trail is one of charming town and surround- photographers alike. ing areas have something for Immerse Yourself in History ing. The reserve is also home try. It is also considered one of everyone. Venture slightly out- at the Rainelle Historic Dis- to the Boy Scouts of America's the most scenic. In its entireside the city for even more ad- trict: Step back in time as you National Jamboree, making it ty, the Midland Trail crosses ventures. Read these tips, go explore the Rainelle historic a hub for scouting events and around 100 miles. out and ensure you have an un- areas, a charming neighbor- outdoor education. forgettable visit to this beauti- hood that showcases the town's Explore the Beauty of the offers a perfect blend of natural ful destination.

the breathtaking beauty of the sawmill towns.

climbing, and mountain bik- the oldest routes in the coun-

Mountain State. Take a leisure- Near Rainelle, you can ex- riding, this trail offers a scenic ories and endless exploration.

RAINELLE (WVDN) - Nes- ly hike along the park's scenic perience thrills at the Summit and tranquil escape from the tled in the heart of West Vir- trails, enjoy a picnic by the Bechtel Reserve: For adventure hustle and bustle of everyday ginia, Rainelle is a hidden gem tranquil streams, or capture seekers, a visit to the Summit life. Enjoy breathtaking views that offers several activities stunning photographs of the Bechtel Reserve is a must. This of the Greenbrier River and and sights for visitors of all iconic Glade Creek Grist Mill. 10,600-acre outdoor paradise immerse yourself in the natural

Rainelle is a destination that rich history. Take a stroll along Greenbrier River Trail and the beauty, rich history, and thrill-Discover the Beauty of Bab- the streets lined with beautiful- Midland Trail. Outdoor enthu- ing adventures. Whether you're cock State Park, near Rainelle, ly preserved historic buildings, siasts will love the Greenbrier seeking outdoor escapades, cul-Anstead and Fayetteville: Start including the Rainelle City Hall River Trail, a 78-mile-long trail tural experiences, or a peaceful your Rainelle adventure by and the Rainelle United Meth- that winds through the pic- retreat, this charming town has visiting Babcock State Park, a odist Church. The rural city be- turesque countryside of West it all. Plan your visit to Rainelle natural wonder that showcases gan as one of the state's busiest Virginia. Whether you prefer today and embark on a journey hiking, biking, or horseback filled with unforgettable mem-

Fun in the sun at



Jenna Balnionis

Summer brings all sorts of outdoor entertainment; block parties, festivals, concerts, and so much more. Everyone loves to go out to dance, laugh and party in the sunshine, and the opportunity to do just that is back with Carnegie Hall's Ivy Terrace series.

Held on the Carnegie lawn in Lewisburg, musicians and bands put on a great show for anyone and everyone. The music varies in genre and style; the musicians are sometimes local and sometimes visiting. In fact, the only thing audiences can count on is that the music will be great. Otherwise, it's always something different.

This unique experience allows attendees to spread out on the lawn with friends and family or enjoy the fun under the shade of the ginkgo tree. Kids are free to laugh and play, and adults can chat and mingle without interrupting the show. This concert series is also completely free and open to any member of the community who happens by.

Through July and August, Carnegie Hall's Ivy Terrace series will host The West Virginia Jazz Orchestra, the rhythm and blues group John Ellison and the Carpenter Ants and The Spanglers, a group that takes inspiration from every type of music you can imagine. The different styles and sounds these three groups offer a guarantee that each concert will be its own unique experience for audiences to enjoy. To learn more about the bands appearing this season or see what else is coming up, visit carnegiehallwv.org.



DAYTRIPPER

VOLUME 3 ISSUE 7

Peaceful Mountain Camping RV Camping 24 Sites Tent Camping 7 Sites King of **Camping Cabins 3 Cabins One Tiny Home Ice Cream Amber Suzanne Salon** 20-Year Winner of Hershey's Golden **On Site** Scoop Award! (540) 958-1714 BUCKHORNE Ice Cream & Sherbert **32** Flavors Available No Sugar Added **Country Store & Campground** lil Blue Panda ROCKY ROAD BUTTER PECAN MOOSE TRACKS Loads of fresh roasted pecans and mini marshmallows, blended with a rich premium chocolate Buttery ice cream with fr roasted pecans. mous Moose Tracks[®] fudg d peanut butter cups d through supe mium vanilla ice cream Whitehouse Cherry PEANUT BUTTER CUP CRAZY VANILLA Strawberry Brightly colored, creamy, premium vanilla ice cream Premium strawberry ice cream with of real strawberries. nium vanilla ice cream Maraschino cherries. Premium chocolate ice cream wirled with real peanut butt A favorite flavor for kids Green Mint Chip **BLACK CHERRY** RASPBERRY PLAYDOUGH ool green mint premium e cream with tasty Premium black cherry Premium ice cream flavored delicious raspberry puree. ce cream with scrumptio colate chips throughout bing cherries. HERSHEY'S PEACH Birthday Cake CHOCOLATE CHIP COOKIE DOUGH 🐁 COCONUT Vanilla ice cream with chocolate chips and chunks of delicious Creamy, premium peach ice cream with real peach slices. Coconut ice cream with shredded coconut mixed throughout ookie dough throughout. 60 every delicious scoop. HERSHEYS HERSHEYS lee Cream MAPLE WALNUT **COTION CANDY** Roadrunner Raspberry CHOCOLATE Pink and blue colored premium ice cream with a cotton candy flavor. remium white chocolate ce cream with raspberry emium maple ice cream ded with delicious Rich, premium chocolate ic loaded with lots of great rls and raspberry filled chocolate flavor in every bi CANDY BAR OVERLOAD VANILLA Salty Caramel Truffle BETTER BROWNIE BATTER weet & salty caramel sauce is wirled into caramel ice cream Caramel and chocolate coa peanuts and nougat ripple Rich, premium vanilla ice Just the way it should be. Luxurious brownie batter ice cream with rich fudge swirls and loaded with bits of real brownies. packed with tasty chocolate ramel truffles. PREMIUM GOLD STRAWBERRY CHEESECAKE KEY LIME PIE BANANA PUDDING CAPPUCCINO CRUNCH Premium cheesecake ice crean A rich lime mousse ice crea swirled with lime and whip Premium banana ice cream with Coffee ice cream with a lark chocolate spiral and toffee pieces. wirled with strawberry marshmallow swirls and vanill d cheesecake piec wafer cookie pieces. HERSHEYS HERSHEY'S

BLUE MOON Fruity and fun blue ice cr

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HERSHEYS

SUPERMAN

A playful twist of strawberry banana, and blue moon ice cream. A kid favorite!

Made with

Blueberry Cheesecake

Cheesecake ice cream swirled with blueberry sauce and

real cheesecake pieces.

PEANUT BUTTER CARAMEL (OOKIE DOUGH

HERSHEYS Lee Ostom